



De La Salle School

A school of the De La Salle Brothers

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PARENT NOTIFICATION

28 January 2026


PN/2026/002


Principal's Note

Dear Parents/Guardians,

It has been a month of school and we are heartened to see our Primary One Lasallians settling into their class routines and making new friends. Special thanks to our Primary Five Lasallians who stepped up as buddies to the Primary Ones, we look forward to the seniors and juniors continuing to build their bonds during our termly 'Buddy Up' days. We are also grateful to the Parent Support Group for their assistance during this transition period for the youngest members of our school.


In our school, we strongly believe in growing a caring and enabling community. We encourage our Lasallians to forge positive friendships and learn to work together. As school is a seeding ground for collaboration, play and forming relationships, we hope that parents will partner us to encourage Lasallians to be empathetic, kind and gracious in their words and actions towards others. Attached is a guide on how you can engage your children to process their feelings, especially when things may not go their way.

**Building Relationships**



Helping Your Child Manage Their Feelings

Your child is learning how to manage their strong feelings in healthy ways, and sometimes they may not express these feelings appropriately (e.g. slamming of doors when they are angry). Consider these ways to guide them to better manage their feelings.





Things You Can Do


- 1 Show concern for how they are feeling.
- 2 Try to separate your reaction to your child's feelings from your reaction to their behaviours. Let them know that while you recognise that it is normal to experience intense feelings, not all behaviours (ways of expressing feelings) are acceptable.
- 3 Share how to manage negative feelings by using the **Stop-Think-Do** strategy.

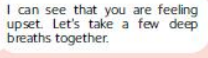
Things You Can Say

- 1 I know that you are feeling upset. It's okay to feel that way.
- 2 The feeling must have been really intense, to have caused you to shout at and hit your brother. But we can't hurt others, even when we feel really angry.

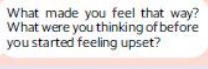
**Stop**
Pause before reacting, and do something that will help them to calm down.

**Think**
When your child is calmer, guide them to use the **Recall-Rationalise-Replace** strategy to identify and challenge the thoughts that triggered their uncomfortable feelings.

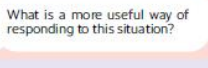
**Do**
Explore constructive ways to respond to the situation.



I can see that you are feeling upset. Let's take a few deep breaths together.



What made you feel that way? What were you thinking of before you started feeling upset?



What is a more useful way of responding to this situation?

Role model for your child the STOP-THINK-DO strategy as you are the best teacher for your child.

Things You Can Do (for yourself):

- 1 **Stop:** Take some time to calm down before reacting to your child. Utilise your preferred coping strategies, such as taking deep breaths.
- 2 **Think:** When you feel calmer, think about your child's specific behaviour(s) that triggered those feelings in you.
- 3 **Do:** Try to understand what made your child act in the way that they did, and explore how you and your child could react more constructively to a similar situation in the future.

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Part of these resources were adapted from the Parenting Strategies Program (https://www.parenting.gov.sg/psp) and the Partnership Parenting (PP) Program in Australia, in consultation with the Program Lead, Professor Mark Yap. Permission is granted to use the material from the PP Program is governed by the terms of the Creative Commons Attribution-ShareAlike 4.0 International license. Found at https://www.doe.com.sg/learning/psp/psp-pp. Your attention is drawn to Section 507 of the Penal Code.



Mission Statement

Enabling Lasallians in a Lasallian community to learn how to learn and to learn how to live; empowering them to be the persons of integrity and persons for others.

Vision Statement

Lifelong Learners, Caring Citizens

In the coming weeks, our Lasallians from the various sports CCAs will be participating in the National School Games. We wish them all the best and appreciate their efforts in representing our school.

As we enter into the Lunar New Year, we wish all families celebrating the festive season a Happy Chinese New Year and may the Year of the Horse bring much joy, peace and good health to all!

Semper Fidelis,

Cheryl Choo
Principal

February 2026 Notification

1. A Warm Welcome to the New School Leader of DLSS

We would like to extend a warm welcome to our new Vice-Principal (Admin), Mr Andrew Ong, to the DLSS family. Mr Ong will be posted to our school with effect from Monday, 2 February 2026.

2. School Attendance & Punctuality

We would like to remind all students to attend school regularly. School absence should be covered with a valid medical certificate or an official note from parents to the form teachers. In order to cultivate the value of punctuality, all Lasallians should on time for school every day. All Lasallians must attend the flag raising ceremony at 7.30 am on school days. To avoid being late, we would like Lasallians to report to school by 7.20 am so that they can settle down and get ready for lessons. Regular late-coming without valid reasons can result in disciplinary action by the school.

3. Online Parents' Engagement Session for Primary 4 Lasallians (Monday, 2 February 2026)

The school has arranged for the engagement session on Tuesday, 2 February 2026, from 3.00 pm to 4.00 pm, to provide parents with P4 level-based key information on curriculum and other matters. More information will be shared via Parents Gateway nearer the date of session.

4. School Smart Card 2026 Photo-taking for Primary 1 & 6 Lasallians

The school will be conducting the yearly photo-taking exercise for all Primary 1 and Primary 6 Lasallians for the issue of the School Smart Card (SSC).

The scheduled dates for this photo-taking exercise are Monday and Tuesday, 9 and 10 February 2026. Primary 1 and Primary 6 Lasallians are expected to put on their full school uniform (with tie) for this photo-taking session.

The Primary 1 Lasallians are expected to receive their SSCs by end March/early April 2026 while the photo-images captured for Primary 6 Lasallians will be used for the printing of Secondary SSCs when they are promoted to Secondary One in 2027.

5. Chinese New Year Celebrations 2026

The school will be celebrating Chinese New Year on **Monday, 16 February 2026**. School hours will be from **7.30 am to 10.30 am**.

Lasallians are strongly encouraged to wear their ethnic costume or a red top with school shorts and school shoes. Please remind your child to bring the following items:

- A light snack (as there will be no recess break)
- A storybook for reading
- A ruler and a black marker for classroom activities

Please note that the dismissal of students will be staggered as follows:

- Primary 1 and Primary 2 at 10.20 am
- Primary 3 to Primary 6 at 10.30 am

Students are to report back to school on Thursday, 19 February 2026.

6. **Recycle Red! – Chinese New Year Red & Green Packet Recycling Programme**

As part of our ongoing efforts to nurture environmentally responsible habits in our students, we will be participating in Recycle Red!, a Chinese New Year sustainability initiative by The Bettering Branch.

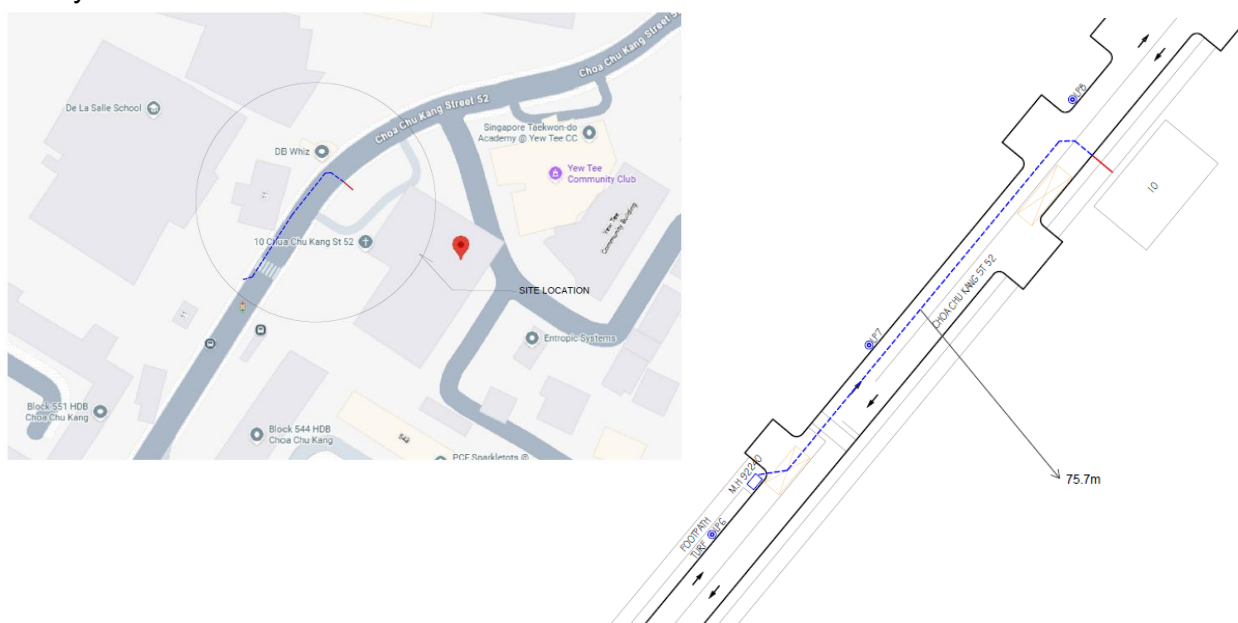
Recycle Red! seeks to promote sustainable and eco-conscious habits during the Chinese New Year festive season. Through a partnership with The Bettering Branch, in partnership with Geneco, the programme brings Red Packet Recycling Bins to schools, encouraging Lasallians to practise responsible disposal and reduce festive waste.

We encourage all Lasallians to bring their used red, green and yellow packets to school for recycling. The collected packets will be sent for recycling and upcycling, where they are processed into new paper products, helping to reduce waste and give new life to used materials. Recycling bins will be placed at **Green Space**, and the collection period will run from **19 to 27 February 2026**.

We seek your kind support in encouraging your child/ward to participate in this simple yet meaningful initiative. Through such actions, students learn that sustainability is a shared responsibility across all communities and cultures.

7. **Pipe Laying Works**

School has been notified that there will be pipe laying works conducted on the road outside the school (see diagram below) from 2 to 5 February 2026, from 9.30 am to 5.00 pm. This may cause some inconvenience to parents/guardians using the road during our dismissal time. We would like our parents/guardians to exercise patience and care when using the road on these days.



8. **DLSS Instagram Account**

DLSS is happy to launch our official Instagram account! Viewers will be updated on key events and have a peek into what our Lasallians are up to with their friends in school. Our Instagram handle is [delasalleschool_sg](https://www.instagram.com/delasalleschool_sg)

Please support and follow us!

End of Notification