

DE LA SALLE SCHOOL

Preparing Your Child for School

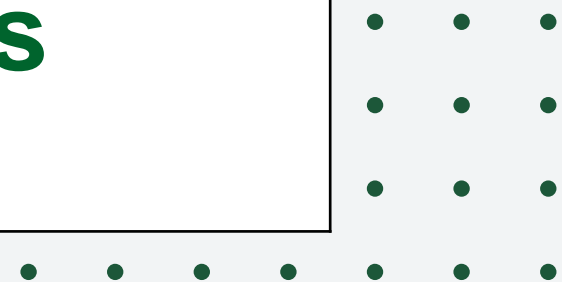
21 NOVEMBER 2023






Outline

Information Shared on Orientation Day	New Information to be Shared
<ul style="list-style-type: none">• School Attire• School Hours• Dismissal Procedure• Recess	<ul style="list-style-type: none">• Snack Break• Vehicle Drive-In Point (Gate C)• Security School Compound• Official Communication Platforms• Developing Good Habits



School Attire



Official	Current Situation (Every School Day)
<p data-bbox="1379 330 2259 701">On days with Physical & Health Education (PE) and Programme for Active Learning (PAL) :</p> <p data-bbox="1669 827 1969 892">PE attire</p>	<p data-bbox="2385 330 3168 592">PE attire unless special occasion stated by school</p>  A photograph of five children standing in a row, wearing different styles of PE attire. From left to right: a girl in a white and blue PE shirt and blue shorts; a girl in a white and purple PE shirt and purple shorts; a boy in a white and red PE shirt and red shorts; a girl in a white and green PE shirt and green shorts; and a boy in a white and yellow PE shirt and yellow shorts.
<p data-bbox="1569 1133 2062 1208">All other days:</p> <p data-bbox="1359 1333 2279 1602">School Uniform with Tie (tie will be removed before recess)</p>	

School Attire

- Socks : Only plain white.
- No ankle socks allowed.



School Attire

- Shoes : Plain white with no fanciful trimmings or patterns



School Attire

- Hair accessories: black or dark green



Normal School Hours



Daily Morning Assembly	7.30 a.m.
Mondays, Tuesdays and Wednesdays	7.30 am - 1.20 pm
Thursdays and Fridays	7.30 am – 12.50 pm



Every Morning...

Daily Morning Assembly	7.30 am
Reporting Time in Classroom	By 7.25 am
Interaction Time with Form Teachers <ul style="list-style-type: none">• Silent Reading• Announcement of School Events	7.10 am -7.30 am

Silent Reading

Interaction Time with Form Teachers

Announcement of School Events on Videos



Dismissal Procedure

Mode of Dismissal	Dismissal Point
To Student Care Centre	Foyer (next to Central Staircase)
By School Bus	Respective pick-up point
By Parent/Care-giver	Gate E (void deck of Blk 551)

Your child will be led to the respective dismissal point

Dismissal Procedure

Pick up point for P1: Gate E

Parents are to wait at the void deck of Blk. 551



Dismissal Procedure at Gate E

Dismissal at Gate E is for all P1 Lasallians who are not taking the school bus or going to any student-care centers.

- The P1 teachers will lead their classes to the respective **allocated areas** at the void deck of Blk 551.
- Please **wait for your child at the allocated pillar** that will be marked by your child's class.
- We seek the **cooperation** of all parents not to crowd around the gate during dismissal time.



Pick up point during dismissal via Gate E

Please wait at the void deck and avoid standing along the stairway outside Gate E



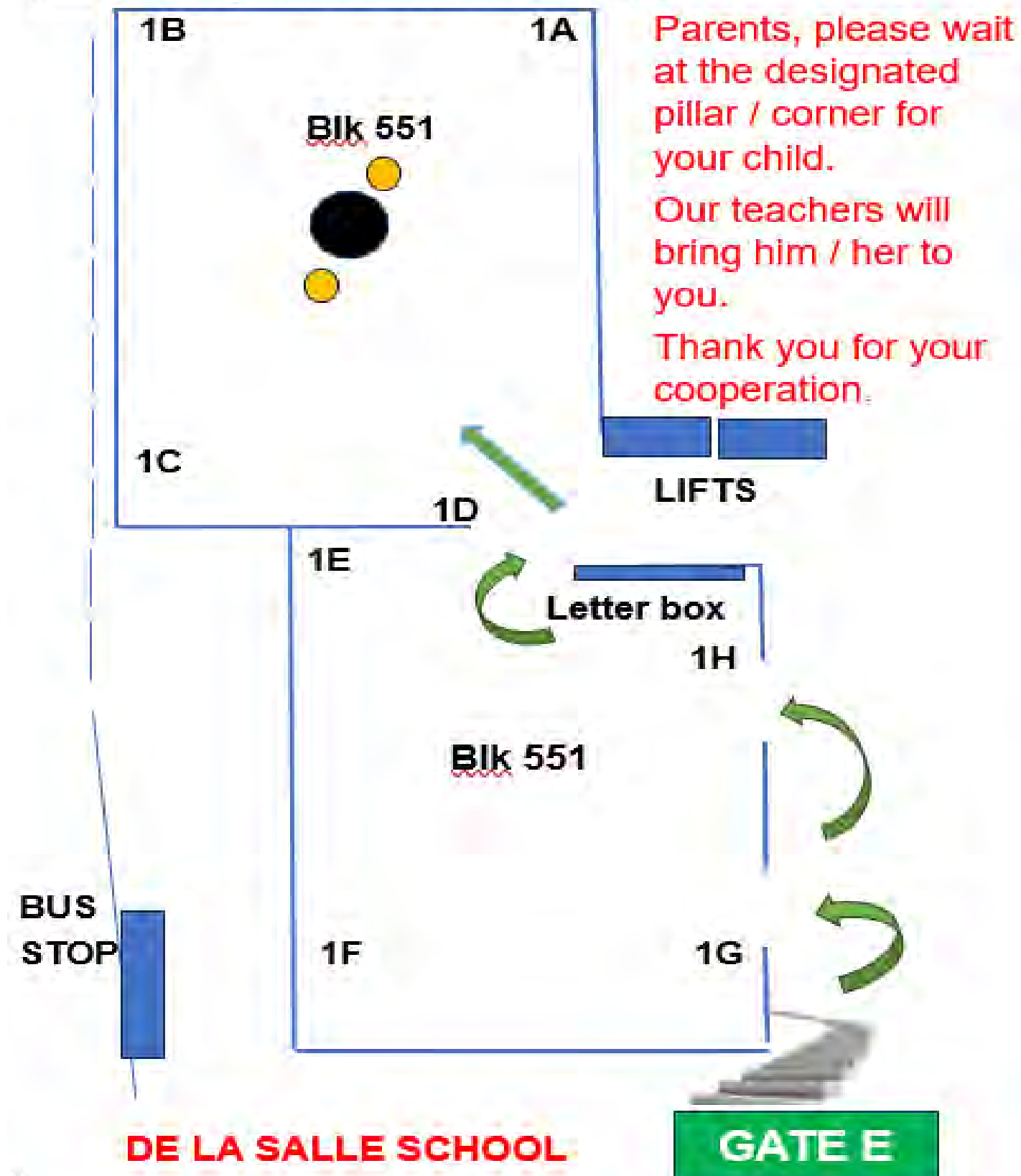
Dismissal at Gate E (Void Deck of Blk 551)



**Dismissal Procedure
For Pick-up by
Parents/Care-giver**

Parents Waiting Area for P1 Lasallians

Class arrangements at the void deck





RECESS

Recess	P1 and P5 Lasallians
Timing	10 am -10.30 am
Support	P5 Lasallians to buddy P1 Lasallians on the first week of school

Canteen Stalls

Type of Stall	Food Item
Hot Drinks and Snacks (halal)	Hot milo/ buns/ snacks
Rice (halal)	Chicken rice/ nasi lemak
Noodles (halal)	Fried noodles/ noodle soup
Rice (non-halal)	Chicken rice and mixed vegetables
Noodles (non-halal)	Fried noodles/ noodle soup
Cold Drinks and Fruits	Cold drinks/ cut fruits

Some Examples of Canteen Food



Chicken Bao
Siew Mai



Fried Noodles
Nasi Lemak



Chicken Rice
Soup Noodles



SNACK BREAK



- Mid-day snack break in class
- 10 min snack time between 11.30 pm to 12 pm
- Prepare **simple, healthy and dry snacks**
- Try out “snack time” at home!



Higher in Wholegrains

Recommended Healthy Snacks



Recommended	Not Recommended
Cereals	Titbits (chips, seaweed)
Biscuits (wholemeal)	Other perishable food (Fried rice, chicken wings)
Bread (wholemeal)	Processed food (hotdog)
Sandwiches	Sandwiches with tuna, egg or ham
Whole fruit (apples, banana, pear, strawberry or grape)	Cut fruits
Healthy snack bar	Sweets and chocolates
Healthy packet drink (milk)	Sweetened drinks

VEHICLE
DRIVE-IN
POINT (GATE C)

Gate C is open from 6.45 am to 7.30 am



Vehicle Drive-In Point via Gate C



Please comply with the speed limit of 15km/h for the safety of everyone in the school

Route for
vehicle
drop off



Vehicle drop
off point



All
vehicles
to exit via
Gate D



SECURITY OF
SCHOOL
COMPOUND



Visitors to School

“We can’t tell the difference between parents and strangers. Therefore, to protect your child, we do not allow non-school staff to freely enter or roam about in the school.”

Visitors to School

- All visitors are to report at the Security Post.
- Our Security Staff would request for your
 - a. Last 4 digits of your identity card number
 - b. Mobile No.
 - c. Purpose of Visit
- A Visitor's Pass will then be issued to you. Please proceed to the General Office to wait for your meeting with teachers.
- Parents are requested to **make prior appointments** if they need to meet the teachers.

Early Dismissal from school

- If you wish to take your child home before dismissal, you are required to **inform the form teachers**, before picking them from the **General Office**.
- Upon arrival, you must fill in the required details in the **Early Dismissal File** that is in the General Office before leaving the school with their child.



**OFFICIAL
COMMUNICATION
PLATFORMS**

- Email: dlss@moe.edu.sg
- Phone: 6766 7675
- Parent Notification/Letter to Parents via Parents Gateway



Developing Good Habits

- Label your child's belongings (wallet, water bottle, lunch box) with his/her name and class.
- Do not send your child's items to school.

Developing Good Habits

Routines help the child to manage himself/herself better

Guide your child to do the following:

- ✓ Be tidy at all times
- ✓ Get dressed
- ✓ Use the toilet
- ✓ Wash hands regularly
- ✓ Wake up and sleep early
- ✓ Pack personal belongings and school bag
- ✓ Practise paying for purchases
- ✓ Make healthy food choices
- ✓ Hold the plate/ bowl of food safely from point to point
- ✓ Have 10 minutes of snack break